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**bark in the park** By Katie Lavender

Contact **Tiffany Moore** if you want your pet highlighted in Bark in the Park at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

## A Halloween Adventure by Katie Lavender



publisher's note



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Mike (left) & Scott (right)

student life,  
young achiever

Introducing  
*Hallsley Living's*  
New Artist  
and Illustrator



# Katie Lavender



I'm Katie Lavender, an eighth-grade student at Midlothian Middle School and a Hallsley resident. I moved here in June of 2017 with my parents Chip and Lynne, my brother Jay, and my lazy mutt Oscar. So far, my experience has been stupendous! Since I've been here I've played in the Crestwood Volleyball League (we were runner-up champions), taken tennis lessons at Brandermill, and even tried fencing.

Though I do participate in sports a lot, I try not to let it take control of my life. School is another large factor to me. I strive for



The latest thing I'm doing is my "Bark in the Park" cartoon for the *Hallsley Living* magazine. I adore animals and cartooning, so this was a perfect idea! I love to draw, and even at two years old, I loved it. It's what I do in my free time for hours and hours. I have been taking advanced art classes in all of my schools that offered it. Even today, my overflowing desk and art space contrast my clean room. My love of animals also led me to try to volunteer at the Richmond SPCA. I hope to keep doing things like this even in high school (hopefully, Maggie L. Walker Governor's School) and beyond. Thanks to the magazine editors for making me *Hallsley Living's* Young Achiever for October and for making my "Bark in the Park" idea come to life!

all As and do well in all of my classes. So far, I've done the Diversity and Creative Writing clubs, which have been superb. Outside of school and sports, I was in Destination Imagination, in which you compete in tournaments and do things to help out the community. We've placed first in regionals and states and received 12th in globals out of 60 teams!



Contact **Tiffany Moore** with all your Student Life and Young Achiever stories at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

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By Richard LaRose

# What Should You Do with an INHERITANCE?

## Here's a Five-Step Plan

Over the next 30 years, in what is anticipated to be the largest wealth transfer in American history, an estimated \$30 trillion is expected to be passed from baby boomers to their children and grandchildren.<sup>1</sup> While the size of inheritances will vary, 53 percent of Americans between ages 25-70 who expect to receive assets are anticipating it to be more than \$100,000, according to recent research from Ameriprise Financial.<sup>2</sup> No matter the size of the assets, managing an inheritance can be emotional and overwhelming as the recipient deals with the loss of a loved one.



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If you have received or expect to receive an inheritance, the following five-step strategy can help you decide how to manage and spend the newfound assets:

### 1. Don't make rash decisions.

You may be tempted to buy the luxury car you've always wanted, take a dream vacation or quit your job. While any of these goals may be possible depending on the size of inheritance you receive, none of them should happen without careful planning. Give yourself time to work through the logistics of receiving the inheritance before deciding how to allocate the money.

### 2. Understand what you have or will receive.

Inheritances can come in many forms, so it's important to understand what type of assets you will receive and their estimated value. You may inherit cash, but it is also common for a loved one to gift securities (stocks and bonds), retirement plan savings, real estate, life insurance or other types of assets. Certain assets, such as retirement accounts, may allow you to receive payments over time rather than taking control of the money all at once. Your loved one may have specified in a will or in trust documents how the money will be dispersed. In the absence of instructions, you may be able to choose how you'd like to receive the money.

### 3. Understand the tax implications

Tax consequences can vary dramatically depending on the type and amount of the assets you inherit. For example, if you receive stock (in a non-retirement account) that your loved one owned for

a long time, you can take advantage of a step-up in cost basis. That means when you decide to sell the stock, any capital gains (and tax you owe on those gains) will generally be determined based on the value of the stock on the date the decedent passed away, not when it was originally purchased. Be sure to consult with a tax advisor to clarify any tax implications from your inheritance.

### 4. Update your insurance and estate plans

Insurance and estate planning needs will likely arise as a result of your added wealth. Consider meeting with a financial advisor and an attorney right away to sort out what actions you may need to take. Common steps after receiving an inheritance include updating your will to reflect any changed wishes or creating an estate plan if you don't have one, assigning beneficiaries to newly received accounts, and potentially purchasing additional insurance to cover certain inherited assets.

### 5. Decide how to save – or spend – the money

Think about your financial goals and how these newfound assets could help make one or more of them a reality. Even a modest inheritance can make a meaningful difference in helping you save enough for a child or grandchild's college education, pay off a home mortgage, retire when you want to, or achieve another important milestone. If you inherited from a loved one or close friend, you may want to consider how to honor his or her legacy with a charitable gift.

There is no question that an inheritance can represent a significant new opportunity in your financial life. Taking a prudent, thoughtful approach can help preserve your wealth, add to your sense of financial security, and open doors to pursue your most important dreams and goals.

1 – Malito, Alessandra. "America's trillion-dollar wealth transfer: How to prevent a generation of entitlement," *MarketWatch*, April 30, 2017. <https://www.marketwatch.com/story/americas-trillion-dollar-wealth-transfer-how-to-prevent-a-generation-of-entitlement-2017-04-25>.

2-The Family Wealth Checkup study was created by Ameriprise Financial Inc. and conducted online by Artemis Strategy Group November 23-December 15, 2016, among 2,700 U.S. adults between the ages of 25-70 with at least \$25,000 in investable assets. For further information and details about the study, including verification of data that may not be published as part of this report, please contact Ameriprise Financial or go to [Ameriprise.com/familywealth](http://Ameriprise.com/familywealth).

*Richard LaRose CPRC® CLTC is a financial advisor and private wealth advisor with Ameriprise Financial Services Inc. in Midlothian, Virginia. He specializes in fee-based financial planning and asset management strategies and has been in practice for 16 years. Contact Info: 804-419-2502 / 14350 Sommerville Court Midlothian, Virginia 23113 / richard.l.larose@ampf.com. Ameriprise Financial, Inc. and its affiliates do not offer tax or legal advice. Consumers should consult with their tax advisor or attorney regarding their specific situation. Ameriprise Financial, Inc. and its affiliates do not offer tax or legal advice. Consumers should consult with their tax advisor or attorney regarding their specific situation. Investment advisory products and services are made available through Ameriprise Financial Services Inc., a registered investment adviser.*

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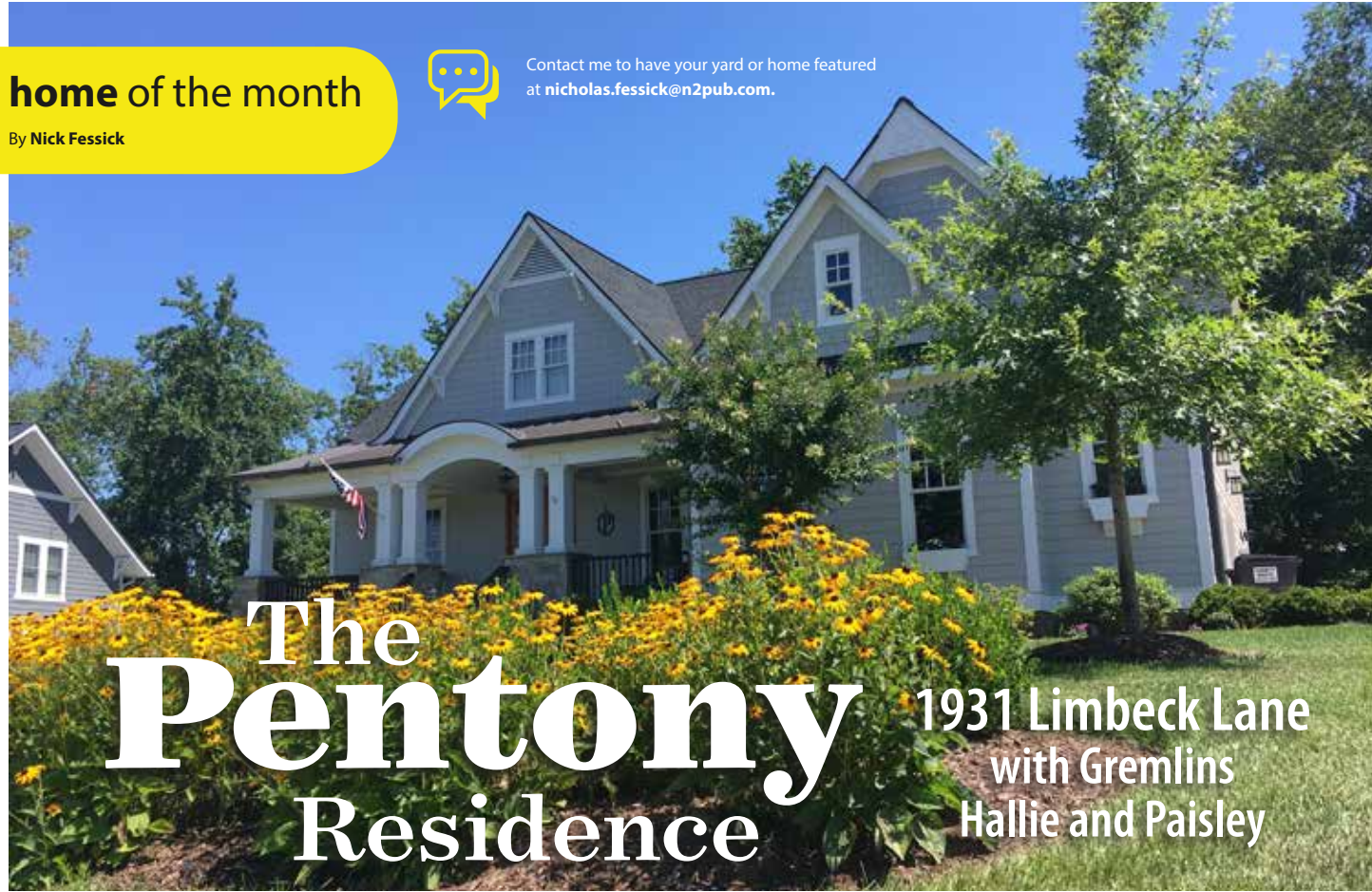
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home of the month

By Nick Fessick



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athlete of the month

By Emma Hermanson



# Jack Hanrahan and His Soccer Life!



Contact Tiffany Moore with all your Athlete of the Month stories at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).



Jack Hanrahan is a first grader at Millwood School. In his family, he has his mom Lexi, dad Brian, older brother Ethan, and a French bulldog named Leo. Jack has been living in Hallsey since he was born.

Jack plays soccer for FC Richmond. He has always had a soccer ball around since he can remember and has played one season so far. Jack enjoys running fast with the ball and scoring goals. He scored six goals in one game before! Go, Jack! Something that makes Jack unique is that he's super fast.



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## ATHLETE OF THE MONTH



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# Hello, Niemas Family!

Hello, Niemas family! These *Hallsley newbies* have only called Ch-  
everton Lane home for a few short months! Tom and Diana Niemas  
have two boys named Jack and Liam and an adorable dog Chewie.

Tom and Diana met as first years at the University of Virginia  
when they lived in the same dorm. During their second year,



they started to get to know each other a bit and went out on a  
first “unofficial date” on Valentine’s Day. Diana shares, “Tom  
bought me a hot chocolate at a local coffee shop (we both do not  
like coffee), and we walked to the rotunda on the lawn and spent  
the evening chatting, getting to know one another. A few days  
later, Tom asked me out to dinner, and the rest is history!” Fast  
forward to today and you will find Tom serving as a VP of finance  
at McKesson and Diana teaching Spanish at the upper school at  
The Steward School.

Brothers Jack and Liam share a love of sports. Eight-year-old Jack is  
fun, caring, and looks at the world through mature eyes. He suc-  
cessfully completed his first year of swimming for the Hallsley High  
Tides and enjoys playing travel soccer for the Richmond Strikers

## family spotlight

By Diana Niemas and Tiffany Moore



and basketball with the YMCA. Five-year-old Liam is fun-loving and  
energetic. Currently, he is playing soccer with FC Richmond.

Spontaneous family fun is how the Niemas crew likes to roll!  
There may be a day when hanging out at home playing games,  
watching movies, and catching up on housework is the norm, or  
there may be days when an outdoorsy adventure of biking, pic-  
nicking, golfing, or thrill seeking at Busch Gardens may be on the  
agenda. Soccer season brings game times with special treats af-  
terward. For family dinners, Tom can regularly be found manning  
the grill! However, on nights the grill may need a rest, special din-  
ners out may include the Melting Pot, California Pizza Kitchen, or  
Toast. The one sure thing is that the Niemas family is a unit and  
can be found enjoying their busy, happy life together!

Vacations together, either in the summer or the winter, provide  
great family memories. Exploring different beaches allows for  
summertime fun. A recent trip to Myrtle Beach earned five stars  
from everyone, thanks to all the fun experienced at the pool,  
beach, resort, and pretending to be pirates at a special pirate  
show! Cold weather fun has been experienced at ICE! at the Gay-  
lord National Hotel in National Harbor. Basketball season brings  
many exciting trips to Charlottesville to watch the UVA Cavaliers  
play basketball!

As much as the Niemas family loves spending time together, they  
also realize the importance of spending time caring about others.  
This family has huge hearts and strives to be great friends to many.  
Diana generously pours into the lives of her students as an educa-

tor. As a family, they can be found volunteer-  
ing with organizations such as the Chester-  
field Food Bank and the Christmas Mother  
program. Diana shares, “It is important to us  
that they (our children) become responsible  
and empathetic members of society.”

The Niemas family is happy to be a part  
of the caring community of Hallsley. One  
story, in particular, exemplifies the kindness  
experienced by this family since their move  
to Hallsley. Diana shares, “I was walking  
our 15-year-old dog during a hot afternoon.  
He was refusing to walk, and I had to pick  
up Chewie. I walked a while and then had  
to take a break. A lady stopped her car,  
introduced herself and asked if I needed a  
ride home. I thought that was the nicest ges-  
ture to offer help to a complete stranger.” A  
bright future of many more Hallsley friends  
and memories are to come for Tom, Diana,  
Jack, Liam, and Chewie!



Contact Tiffany Moore if you want  
to be a Spotlight Family at [tiffany.  
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**sponsor spotlight**  
By *Tiffany Moore*

# WATKINS NURSERIES

## BRINGING NATURE TO LIFE

Watkins Nurseries is a deeply rooted, local Midlothian family business. Current operations include retail and wholesale services for plant and bulk material. While they grow a large portion of their plant material, some is brought in as weather and demand dictate. Bulk materials for sale include composts, soils, and mulches that are made in-house in addition to rock, stone, gravel and sand. These are all available for delivery. Watkins Nurseries also offers landscape design and installation services.

Watkins Nurseries was established in 1876 when J. B. Watkins began growing a few berry plants for sale in the corner of his father's fields in Powhatan. Later, Watkins moved to Chesterfield and established Elmwood Nurseries, a precursor of Watkins Nurseries, and developed a mail order business supplying farmers with fruit trees. During the last 140 years, the company has matured and developed into additional services and ventures. **Currently, Watkins Nurseries is on their fifth generation of leadership** and have over 500 acres of land spread across Central Virginia.

Watkins Nurseries is deeply rooted in the community, as evidenced by their namesakes such as J. B. Watkins Elementary,

Watkins Landing, Watkins Centre, and other locations. The land the home office now sits on has been in the Watkins family since the 1800s. Many older trees around Central Virginia and even in places such as Kings Dominion and Busch Gardens are Watkins-grown trees. Many landscape contractors you see today have worked and gotten their starts here at Watkins Nurseries.

While the Watkins family has always had opportunities to work elsewhere, the family business of Watkins Nurseries has always been an integral part of family members' lives. As Senator John Watkins, former President of Watkins Nurseries, has said, "As long as there are land and family members who are able to earn a living from it, the nursery has a future." Current President Robert Watkins has worked earnestly over the last decade to ensure the legacy lives as this business remains an important contributor to the nursery and landscape industry.

Watkins Nurseries believe in giving back to the communities that support their business. Even with competition, landscapers are all in this field together, and there's enough work for everyone out there. As a company, Watkins Nurseries strive to be kind, work hard, and to stay humble, knowing that any given setback



can knock someone back down to ground level. Watkins Nurseries shares, "Even after being in business 140-plus years, you will encounter the same struggles as a company that has been in business for four!" Watkins Nurseries deeply believes in their business and the quality of their services.

The home office for Watkins Nurseries is *rooted* in Midlothian, right around the corner from Hallsley! Just like for generations of past *Midlothians*, Watkins Nurseries is here for current day Hallsley families and would love to earn your business. Please call Watkins Nurseries for all your landscaping needs.



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# DIVE-IN MOVIE FUN

**around town** By Tiffany Moore

It may be time to replace those warm summer nights with s'mores by the campfire and Jack o' lanterns, but summer's last big *dive-in movie* at the pool was a splashing success. Unicorns, ducks, whales, sharks, and dolphins (floats, that is) made appearances, while kids and adults alike enjoyed *The Secret Life of Pets* on the big screen!

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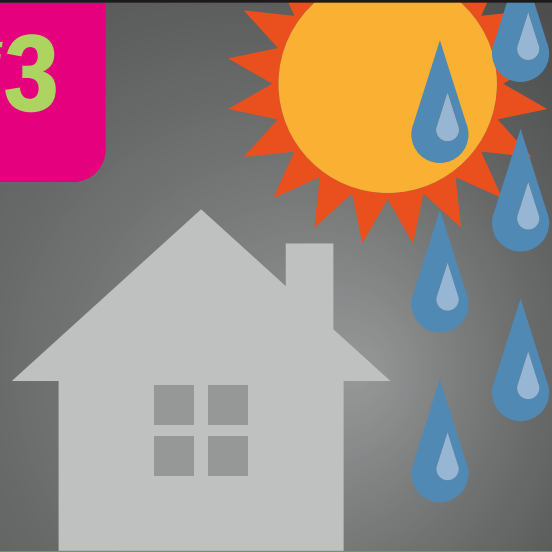


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## Winslow & McCurry Law Firm with **Erika MacCormac** **FAMILY LAW**



business beat

By Tiffany Moore



Erika MacCormac



*"Life is made up of little moments, especially with the practice of law. It's the client who cries with relief on the phone when you pass along good news. It's the client who bakes the office cookies as a 'thank you' for your hard work. It's the client who sends you their friend or family member, confident that you can help just like you helped them ... Helping others is really what practicing law is about!"*  
~ Erika MacCormac, Attorney at Law

Winslow and McCurry Law Firm, established in 2012, offers specialized legal services. This firm endeavors to provide each client with individualized personal attention while striving to obtain the best outcome for each client's diverse legal situation. Hallsley neighbor Erika E. MacCormac works as a partner with Winslow and McCurry specializing in family law addressing private divorce, custody, support, adoption, and litigation practice. Additionally, she devotes a portion of her practice to serving as a Guardian *ad litem* for minor children in the court system. She was drawn to Winslow and McCurry because the partners genuinely care about their clients, recognize the importance of service to the community, and sincerely enjoy their work and each other.

A local girl who grew up in Salisbury, Erika attended law school at the University of Richmond and has worked the entirety of her legal career with Winslow and McCurry. She married her college sweetheart, Patrick, who works as a mechanical engineer, PE, at Baskerville in Richmond. Patrick and Erika have an 18-month-old daughter, Maggie, who loves to sing and dance and play outside, and another baby on the way in January.

Erika and her family built their home in Hallsley in 2016 and love the playground and how eager Hallsley neighbors are to help others. When not at home in Hallsley, Erika and her family may be found spending time with family, visiting local vineyards in Virginia, or sneaking away for a quick trip to Charleston, SC. Erika leads MOPs and sings in her choir at Mt. Pisgah United Methodist Church. Occasionally, she may be found making a guest performance with *The Pineapple Incident*, a local band, along with her fellow co-worker and attorney Stephen Mutnick.

Erika is eager to share her legal expertise and legal advice with Hallsley friends and neighbors. She shares, "I would advise folks to remember attorneys are here for good times and bad times. It's always a good idea to consider wills, trusts, and estates if you don't already have those documents in place, especially if you have children. Attorneys help with forming new businesses and with finding relief from debt and with adopting new members of a family. We also are here when the speeding ticket or DWI happens, or when the marriage is no longer working, or if you've suffered a car accident or injury. We're always here, just waiting to be called into service!"

Please allow Erika MacCormac at Winslow and McCurry to help with all your legal needs.

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# The Adventures of Tanner Beauford

Tanner Beauford is a six-month-old Labrador retriever. Tanner joined the Narron family (John, Nicole, Saylor, and Cabel) after their first dog, Moses, also a yellow Lab, passed away in 2013. The Narron family picked up Tanner Beauford from Misty Morning Labradors in Manakin Sabot, VA.

Saylor and Cabel, two of Tanner's very proud owners, read the book *Tanner and Kai Go Surfing* all the time, so the name Tanner Beauford stuck with them. Keeping up with the dog has taught them responsibility, as Saylor has woken up in order to walk him. He also keeps the family members company! Tanner loves playing



with his chew toys and is starting to learn to nibble. He especially loves chewing the dish towel and eating up the mulch.

Tanner Beauford has amassed a wonderful group of traveling tales in his young life. He enjoyed vacationing in Salvo, North Carolina, over the summer and learning to swim at his family's river house on the Potomac. He even was able to fit in a round of golf with his family at a dog-friendly golf resort. When not traveling, Tanner Beauford enjoys his daily trips to the construction site where John works. He even has his own hard hat!

Look out for Tanner Beauford walking around Hallsley, hopefully not with mulch in his mouth!



Contact Tiffany Moore with all your Pet of the Month stories at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

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**kids 2 kids**

By Evie Anderson

# OCTOBER FUN

## at Jamestown and Williamsburg

When settlers first came to Virginia in 1607, they settled on a narrow peninsula in the James River, which they called “Jamestown.” You can go to Jamestown settlement and learn all about the architecture, clothing, government, and other things that were different back then. When I went there on a fourth-grade field trip, I liked comparing how the Native Americans lived and



Evie and Lila are busted in the Colonial Williamsburg jail.



Go have a Jamestown and Williamsburg adventure!

Speaking of learning fun, Colonial Williamsburg has even more fun ways to learn, such as Revolutionary City, the plantation, the jail, and even professional tours! I went there with one of my friends, Lila. In Revolutionary City, we liked the toy shop and the clothing shop. At the plantation, there was a huge house set up to look like it would during that time period. The jail was fun, too. Lila and I took turns handcuffing each other. We never actually went on the tour, but it seemed fun! There were also carriage rides. We saw a performance of a band and danced to the music. Also, we saw some swords, guns, and other war tools. It was raining most of the time we were there, so we tried to stay inside. There was a really nice restaurant that we ate at while the rain was at its worst. A little rain couldn't stop us from having fun, though. We still got to do many fun things there, and so will you! So, grab a friend (or two) and go have an adventure!



Contact Tiffany Moore to share your Kid 2 Kid Adventures at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

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how the English lived. Native Americans roamed freely, lived in longhouses, and wore clothes made of deerskin while settlers had a fenced-in settlement, lived in mud houses with grass roofs, and wore clothes made of itchy cotton. I also liked all of the actors there. For the Native American part of the tour, we got to grind corn, make boats out of tree trunks and shells, go into a longhouse, and more! Then, there was the settler part. We toured the governor's house, met a silversmith, toured a normal settler house, went to the church, and other exciting things! Well, what are you waiting for? Go and have some learning fun!

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The Great Harvest Bread Co. is a local made-from-scratch bakery and café specializing in wholesome, handcrafted, baked-from-scratch breads and pastries, made-to-order sandwiches and salads, and locally roasted coffee and espresso. This, my new favorite local eatery, is also a business with a heart for making a difference in Midlothian and beyond. This bakery not only serves homemade breads, tasty lunches, and yummy treats, but its owner Kim Buehler understands the importance of being a blessing to others.

After owning a successful data research company for 20 years, Kim decided she needed a change of pace and began taking culinary classes to expand her knowledge in the kitchen and found a new passion! She successfully completed the culinary arts degree program and a specialized pastry arts degree from the University of Richmond. She took her new found love of the culinary arts and decided to open a bakery! The Great Harvest Bread Co. has been in business since February.

Recently, Great Harvest Bread Co. sponsored a fun, festive Christmas in July fundraiser to support the Chesterfield-Colonial Heights Christmas Mother Program! Santa and Mrs. Claus visited the bakery and shared stories with children. Piles of toys were donated by customers to help bless children in need and customers received a free loaf of bread as a “thank you.” Christmas cookies and goodies were on sale at the bakery, also. Kim shares this event, which collected over 150 toys for the Chesterfield-Colonial Heights Christmas Mother Program, was one of her proudest moments in the life of her new business.



Owner and baker, Kim Buehler, with Santa at the Christmas Mother Fundraiser!

Kim and the Great Harvest Bread Co. are not strangers to our Hallsley community! In 2017, Kim sponsored the Turkey Trot 5k race. In 2018, she catered the winning vineyard excursion for the Heart of Gold Casino Night prize. Additionally, the fall school supply drive at the bakery was a big success. **The next fundraising event at the Great Harvest Bread Co. for Hallsley friends to enjoy will be on October 27. All are invited to this Halloween dress-up event guaranteed to be a day of treats and fun at the bakery, as Kim partners with Connor’s Heroes to help conquer childhood cancer.**

Growing up in a family of small business owners, I know the importance of shopping local! In so many ways, Great Harvest Bread Co. is a unique bakery with a big heart. Kim shares, “We (the bakery) mill our own whole wheat flour from red wheat berries for the freshest products in town. We use honey as our sweetener instead of sugar and try to make everything with pure and natural ingredients!” The bakery only sells products fresh from the ovens and donates any unsold items to the local food bank each night. It is with great joy and a happy tummy that I will continue to support Kim and the Great Harvest Bread Co. I hope to see many more Hallsley friends and neighbors there in the near future!

**Great Harvest Bread Co.**

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car talk

By Tiffany Moore



## Hallsley Car Talk with Jason and Erin Brandenburg

Jason and Erin Brandenburg (Rodan +Fields consultant and one of *Hallsley Living's* event coordinators) took a few minutes to share some Car Talk with *Hallsley Living* this month. They drive a black 2017 Jeep Wrangler Unlimited Sport. Some of their favorite features of the Wrangler include a removable top, removable doors, and limitless customization options. Jason and Erin enjoy driving the Jeep topless and door-less around town! The Wrangler has proven to be a fun weekend car to take to the beach and a dependable choice to navigate Virginia's winter roads. Jason and Erin shared they really enjoyed taking "the Jeep to Carova, NC, to see the wild horses and driving along the Atlantic Ocean. It was an adventure, and the Jeep navigated the deep sand effortlessly."

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# Hallsley's Reading Between the Wines BOOK CLUB



The holidays are soon upon us ... Halloween, Thanksgiving, Christmas, and New Year's Day! Each brings fun times with family and friends and, possibly, a little downtime to enjoy a good book. Even though **Reading Between the Wines** will not meet in November and December, if you find yourself with a little extra reading time, one of the book club's favorites this past year was *The Nightingale* by Kristin Hannah. This book has a little bit of everything - romance, war, mystery and some twists that keep you guessing until the end. There are not many books written about what women had to endure during World War II, and this book captures the essence of the time. It is highly recommended if you enjoy historical fiction, strong characters, and shedding a few tears. **And remember, please join Hallsley's Reading Between the Wines Book Club this month or as we start the new year on January 17. We meet the third Tuesday of each month at the clubhouse at 7 p.m.**

A summary of *The Nightingale* from [www.amazon.com](http://www.amazon.com):  
 "With courage, grace, and powerful insight, bestselling author Kristin Hannah captures the epic panorama of World War II and

*illuminates an intimate part of history seldom seen: the women's war. The Nightingale tells the stories of two sisters, separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love, and freedom in German-occupied, war-torn France - a heartbreakingly beautiful novel that celebrates the resilience of the human spirit and the durability of women. It is a novel for everyone, a novel for a lifetime.*

*Kristin Hannah is an award-winning and bestselling author of more than 20 novels including the international blockbuster The Nightingale, which was named Goodreads Best Historical fiction novel for 2015 and won the coveted People's Choice Award for best fiction in the same year. Additionally, it was named a Best Book of the Year by Amazon, iTunes, BuzzFeed, the Wall Street Journal, Paste, and The Week."*



For book club questions, contact [jenniferjhermanson@yahoo.com](mailto:jenniferjhermanson@yahoo.com).

# Give a Book, Get A Lollipop

A Halloween Lollipop Book Drive Benefiting Christmas Mother

During the month of October, Hallsley residents can participate in a Halloween lollipop book fundraiser for the Chesterfield-Colonial Heights Christmas Mother Program. Parents in need are able to choose several new books to use as gifts for their children during the Christmas Mother shopping experience. A book basket will be on the Moore family's front porch during the month of October to collect *new* and gently used books. Specifically, the Christmas Mother shared that *new* bilingual preschool books and *new* books for elementary- to middle-school-age children are greatly needed. The book basket will be happy to collect any gently used books, as well. After you leave your books on the porch at 16448 Lambourne Road, make sure to take a lollipop to go!



Contact Tiffany Moore with any questions at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

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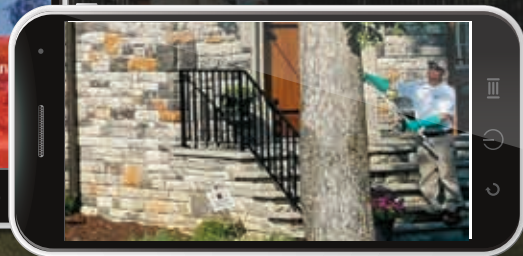
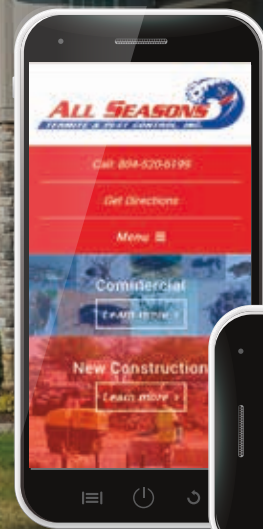
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Margie Dossie is originally from Ohio (Go Buckeyes!) and moved to Virginia in 2011. She earned her Bachelor's degrees in Biology and Psychology from the University of Toledo graduating Cum Laude. She went on to earn her Masters in Physician Assistant studies from her Alma Mater as well. Margie is building a home in The Highlands.



Dr. Amar Shah is the founder and owner of VitalCare. His vision is to expand high value primary care practices throughout the Richmond area. Some examples are increasing patient engagement by providing everyone with a free Eclinicalworks HEALOW app, Open-Access scheduling so patients are seen the same day, and providing Tele-Visits for working families. VitalCare can be considered a true medical home for patients and their families. Dr. Amar Shah is the medical director for Virginia Care Partners providing medical oversight to over 800 physicians in the Richmond metro area. He is leading a movement to elevate healthcare in Richmond by transforming practices to focus on high quality and lower cost for patients.

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## FINE ARTS & FLOWERS



to Bloom, Oct. 24-28

### Biennial exhibition to benefit inaugural tour of VMFA's new artmobile



art lovers  
By Jessica Haddad

Richmond, Virginia — The Virginia Museum of Fine Arts announces the return of *Fine Arts & Flowers*, a biennial museum-wide exhibition that pairs original interpretive floral arrangements with works from the museum's permanent collection from Oct. 24-28, 2018. Admission to *Fine Arts & Flowers* is free. Ticketed lectures and other special events will accompany the exhibition.

Organized and sponsored by The Council of the Virginia Museum of Fine Arts, VMFA's oldest volunteer group, *Fine Arts & Flowers* will feature more than 80 arrangements created by members of the Garden Club of Virginia, Virginia Federation of Garden Clubs and Garden Clubs of Virginia. Margaret R. "Peg" Freeman is honorary chair of 2018's *Fine Arts & Flowers* with Gay Hardy and Roberta Douma serving as co-chairs. Strange's Florists, Greenhouses, and Garden Centers LLC is the official supplier of flowers and plant materials. The presenting sponsor is Capital Bank, a division of First Horizon.

The exhibition will kick off with a gala preview, *Kaleidoscope of Flowers*, on Wednesday, Oct. 24, from 7 to 10 p.m. A wide range of special events will be held throughout the exhibition, from lectures and luncheons to docent-led tours, curator talks and family activities. New York-based floral designers Lewis Miller and Remco van Vliet will serve as featured speakers.

Miller, who owns one of the premiere floral design houses in New York, is the author of *Styling Nature: A Masterful Approach to Floral Arrangement*. In addition to working for clients such as HBO, Vogue, Amazon and the Whitney Museum, Miller is known for staging "Flower Flashes" — impromptu floral installations in unexpected locations in New York City. Miller will speak at 10 a.m. on Thursday, Oct. 25, with a book signing at 2 p.m.

Van Vliet is a third-generation florist originally from the Netherlands. He applies his background in art history and graphic design with his firm Van Vliet & Trap. In addition to working with clients such as Givenchy, Sotheby's and Conde Nast,

Van Vliet is the event designer for the Metropolitan Museum of Art, where he creates towering floral arrangements for the Great Hall every Monday. Van Vliet will speak on Friday, Oct. 26, at 10 a.m. with a master workshop to follow at 2 p.m.

Proceeds from *Fine Arts & Flowers* events will benefit the inaugural tour of VMFA on the Road, the museum's new artmobile for the 21st century. Through interactive learning experiences with staff educators, virtual reality tours of VMFA exhibitions, and a traveling gallery of original artworks, VMFA on the Road will bring the museum experience directly to citizens in all areas of the Commonwealth.

The Council of the Virginia Museum of Fine Arts is a group of dedicated VMFA members who volunteer throughout the museum and work on behalf of VMFA to enhance community outreach and participation. The council has served VMFA since 1955 and was instrumental in establishing the VMFA Shop, establishing the docent program, organizing museum travel and providing seed money for VMFA's library. The council organized the first *Fine Arts & Flowers* exhibition in 1987, which has since become a biennial event.

For details and to purchase tickets to related events, visit [www.vmfa.museum/exhibitions/exhibitions/fine-arts-flowers/](http://www.vmfa.museum/exhibitions/exhibitions/fine-arts-flowers/)

## style file

Story and photography by Pamela Anderson



# It Up

What do you wear in the interim between the temperatures of summer and fall? It's still warm outside, but mornings and evenings are getting chilly. What is the perfect topper to a plain tee shirt and jeans? A scarf. It can add a splash of color or some texture to an outfit giving it a unique style and effortless pizzazz.



Once worn to display status, political preferences or mark military rank, scarves eventually became a fashion accessory. Although they have existed since ancient Egypt, they elevated with fashion only in the early 1800s when Hermes created their signature silk scarf. Wearing scarves as a fashion statement started in France, then slowly spread across Europe and into the USA. When Hollywood finally got hold of the scarf and celebrities started to don them on their heads and necks, the trend took off! Scarves have not only withstood the test of time -- they've evolved with the times!

My first encounter with scarves as a fashion staple was when we spent our years living in Europe. Because of the varying degrees of temperature, the European custom is to layer more tailored clothing and dress "like an onion," topping it off with a scarf. Back then, I had one or two scarves. Now, I have too many to count! I've ended up with a section of the closet that is dedicated to my scarves, sorted by color, shape, fabric, and size. I enjoy infinity scarves because of their ease of use, but my favorite

scarves are versatile and can be worn a few different ways, from a neck wrap to a bathing suit cover-up or a shawl. The variety of ways in which to wear them along with varying fabrics and prints are endless. From sporty to glamorous, knit to silk to faux fur and everything in between. Wear them with your athleisure outfits, jeans and a tee, business attire or an evening out. Glamour can be added to an evening dress with a shawl. And of course, top off outerwear with a cozy scarf for warmth and style. Stella and Dot just debuted several new scarves for the fall and winter season. Some are pictured below.

So, whether you're out for an evening walk through Hallsley, waiting for that early morning bus, or headed out for dinner, throw on a scarf! Not only is it a fashionable statement, it's functional, too!

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## recipe

By Dana Miller ~ Hallsley Living's Resident Chef and Pampered Chef Consultant

# Easy Weeknight Chili

For those fall nights, try this easy weeknight chili recipe that feeds seven!

### Ingredients

- ½ tbsp canola oil
- 1 medium onion
- 1 ½ lbs. 90% lean ground beef
- 3 garlic cloves
- 3 tbsp chili powder
- 1 ½ tbsp unsweetened cocoa powder
- 2 ½ tsp cumin
- ¾ tsp salt
- ½ can tomato paste
- 1 ½ cups low-sodium beef broth
- 1 ½ cans (16 oz.) fire roasted tomatoes, undrained
- 1 ½ cans (16 oz.) mild chili beans in sauce, undrained

Optional: Sliced green onions, sour cream, shredded cheddar cheese, and jalapeno slices for toppings

### Directions

Heat the oil in the Dutch oven over medium heat for 3-5 minutes, or until shimmering. Meanwhile, cut the onion into chunks. Process the onion in batches in a manual food processor until finely chopped. Add the onion to the Dutch oven. Cook and stir, uncovered, for 2-3 minutes or until the onions are slightly softened. Add the ground beef and garlic pressed with the garlic press. Cook over high heat for 8-10 minutes, breaking the beef into crumbles. When the beef is no longer pink, drain (if necessary). Stir in the remaining chili ingredients. Cover and bring to a boil over high heat. Reduce the heat to low and simmer for 15 minutes, stirring occasionally. Serve topped with optional toppings.

This recipe can also be prepared as a slow cooker option: Follow steps 1-4 as the recipe directs. Cover the Dutch oven and place it in the slow cooker stand and cook on low for 8 hours or high for 4 hours.



Contact Tiffany Moore to share your recipes at [tiffany.moore@n2publishing.com](mailto:tiffany.moore@n2publishing.com).

### Dana Miller

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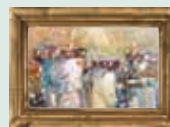
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