

Hallsley LIVING

AN EXCLUSIVE MAGAZINE FOR THE RESIDENTS

OF HALLSLEY

NOVEMBER 2018

Meet the Childers Family

Photography By
Lexi Hanrahan Photography

Check out the Dave and Buster's event on page 14 and Financial Fitness on page 16

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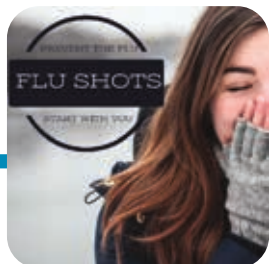
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Margie Dossie is originally from Ohio (Go Buckeyes!) and moved to Virginia in 2011. She earned her Bachelor's degrees in Biology and Psychology from the University of Toledo graduating Cum Laude. She went on to earn her Masters in Physician Assistant studies from her Alma Mater as well. Margie is building a home in The Highlands.



Dr. Amar Shah is the founder and owner of VitalCare. His vision is to expand high value primary care practices throughout the Richmond area. Some examples are increasing patient engagement by providing everyone with a free Eclinicalworks HEALOW app, Open-Access scheduling so patients are seen the same day, and providing Tele-Visits for working families. VitalCare can be considered a true medical home for patients and their families. Dr. Amar Shah is the medical director for Virginia Care Partners providing medical oversight to over 800 physicians in the Richmond metro area. He is leading a movement to elevate healthcare in Richmond by transforming practices to focus on high quality and lower cost for patients.

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athlete of the month



By Katie Krasner

Hallsley Swimmer and Swim Coach

Taylor Shigley is a 15-year-old tenth grader at Trinity Episcopal School and has been an avid swimmer since the age of five. She started out swimming for NOVA Aquatics for seven years but her new team is the *Hallsley High Tides*. Taylor was honored

to become a coach for the 8 and under swimmers this past season. She loved seeing their love for swimming grow and watching their smiles at the meets.

Taylor has traveled to many pools in Virginia and even in Maryland and North Carolina. There are many events in swimming but she will tell you that her favorite would be the 200-meter breaststroke and 400-meter IM. Taylor has won several awards, including many ribbons, making it to finals and even receiving Coaches Awards. She has also had a privilege of meeting five-time Olympian swimming medalist, Natalie Coughlin.

Taylor has learned many lessons from swimming, including hard work, commitment, time management and the importance of trusting others, especially coaches. After high school, Taylor shared with us that she wants to go to a college near a beach!

Taylor Shigley



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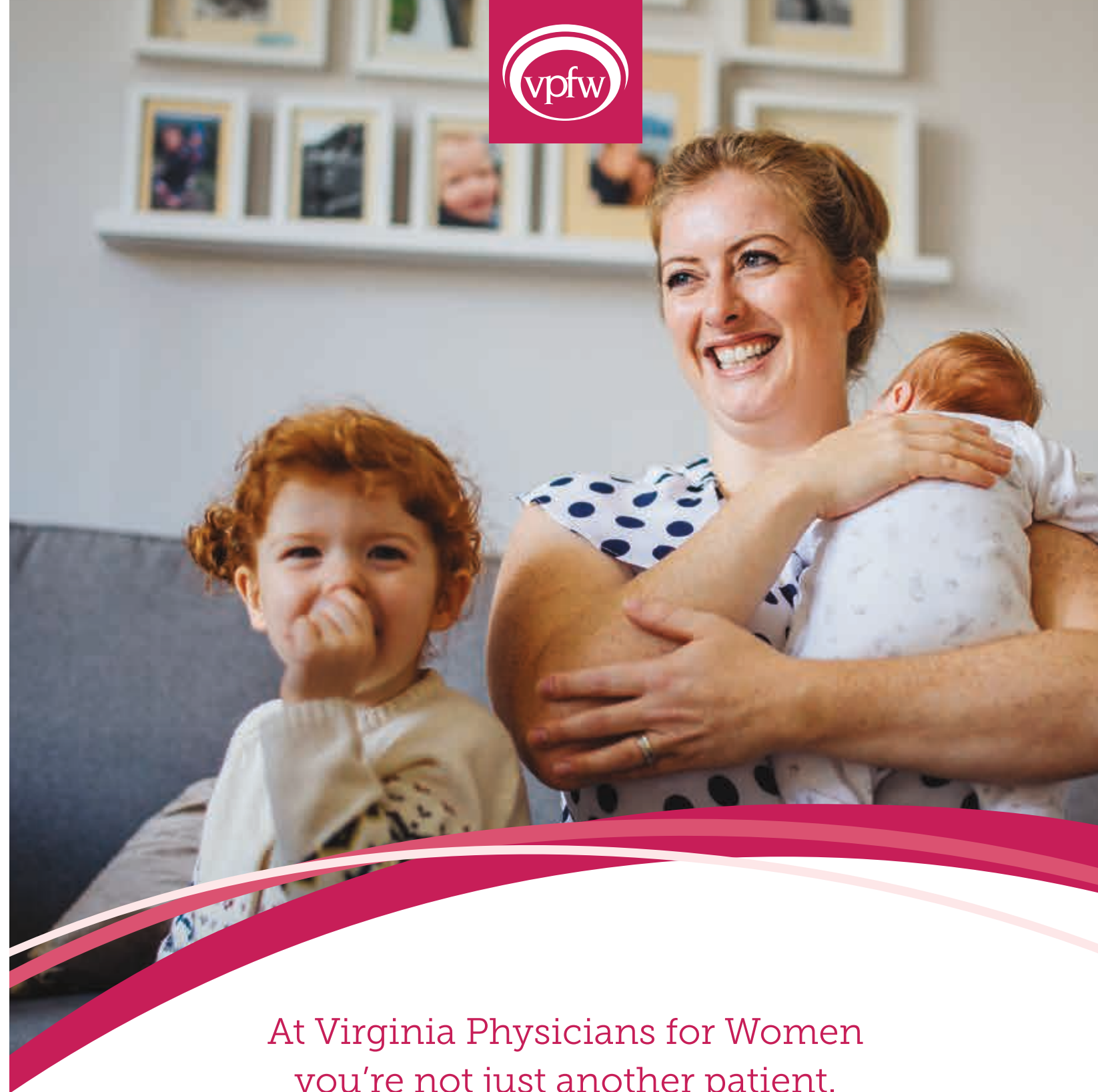


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Dave and Buster's recently held a free community event for *Hallsley*. If you don't know what Dave and Buster's is, it's a full-service restaurant and video arcade with many awesome options of games from which you can choose. From Mario Kart, Walking Dead and a four-person air hockey game, they have it all! You can also play certain games for tickets and cash them in to win prizes.

Dave and Buster's has a party room if you're thinking about having a birthday party there. I got to experience the party room when I went and they served lots of yummy food like mini cheeseburgers, hot dogs, chicken nuggets and fries! At the *Hallsley* event, Dave and Buster's sponsored a charity called **Imprint School Supply Drive** and they collected school supplies for kids who can't afford it. I really loved what they did and how they helped kids who need a little extra.

Dave and Buster's is such a good place for families who have kids of any age. I know for a fact they would have loads of fun because I sure did! My sister, mom and I spent hours going around playing all the games. We lost track of time and the event was already over! I had such a blast playing games, it definitely took me back to when I was younger.



From The Publisher ... Nick Fessick

I want to thank **Dave and Buster's** for such a generous offer and well-done event for the community. It was such a blast. Everyone had loads of fun and enjoyed the kid-friendly food choices. Additionally, the family atmosphere was really uplifting. Seeing all the families having fun together really made my day. Families that play together, stay together! Also wanted to give a big shout out to Erin Brandenburg and Jen Hermanson for making this a great event by getting the invites out and managing the RSVPs. Great job ladies. I appreciate you!

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FIVE QUESTIONS TO ANSWER Before Buying a Second Home

Many people dream of having a place to call home in their favorite ski, beach or tropical destination. While owning a second home may make sense for a variety of reasons, it's a major decision that can impact one's financial situation for years to come. If you're contemplating a second home at your favorite vacation spot, here are some things to consider.



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1. What is your primary purpose for the home?

If you envision the home as a second family space, be sure it's truly a good fit for your lifestyle. If you are still working and can only use it for a couple of weeks per year, the expense and upkeep may be hard to justify – unless it provides the vacation escape of your dreams. If you are retired or planning to retire, the purchase may be more worthwhile. Alternatively, if you are imagining it as a rental property for a long-term resident or short-term renters, there are other considerations. Is it reasonable to assume that the potential income generated makes it a good investment, especially when considering other costs (see below)? Or are you looking at this as a property that needs improvement but that you can eventually sell for a profit after you put some work into it?

2. What is your financial ability to carry a second mortgage?

If you need to take out a second mortgage to make the purchase, will it create any risks for your monthly cash flow, either now or in the future? This question is particularly relevant if you already have a mortgage on your primary residence or are close to or in retirement. Taking on the debt will carry a degree of risk regardless of your financial position, so you need to feel confident that it will not be a stretch for you. If you can afford to pay cash for the property, the question is whether that is the most effective use of your available funds compared to investing it in other ways.

3. Is the home located where you want to be?

If you plan to use the property for your own purposes, be certain the location is appealing to you. For example, if you are looking for a warm-weather getaway for the winter, will the home meet your needs? If you are considering renting out the property, is the location one that can attract renters at a price that makes it a worthwhile investment?

4. Are you prepared for the extra expenses?

Beyond the initial purchase and mortgage, prepare to duplicate other expenses you already have with your current home – utilities, furnishings, maintenance and improvements. If the second home is far away from your current one, consider the cost of hiring professionals to help with managing and renting the property. Additionally, you may want to meet with a tax advisor who can help you assess the possible tax implication of a second mortgage or rental income.

5. How does the purchase fit within your overall financial plan?

Perhaps the most critical question is what your purchase means from a comprehensive financial planning perspective. Does it fit your overall strategy and help you achieve your primary goals — or at least not detract from achieving them? Talk to your financial advisor to help you evaluate the financial wisdom of this move before you make a final decision.

Richard LaRose CPRC® CLTC is a Financial Advisor and Private Wealth Advisor with Ameriprise Financial Services, Inc. in Midlothian, Virginia. He specializes in fee-based financial planning and asset management strategies and has been in practice for 16 years. Contact Info: 804.419.2502 / 14350 Sommerville Court Midlothian, Virginia 23113 / richard.l.larose@ampf.com

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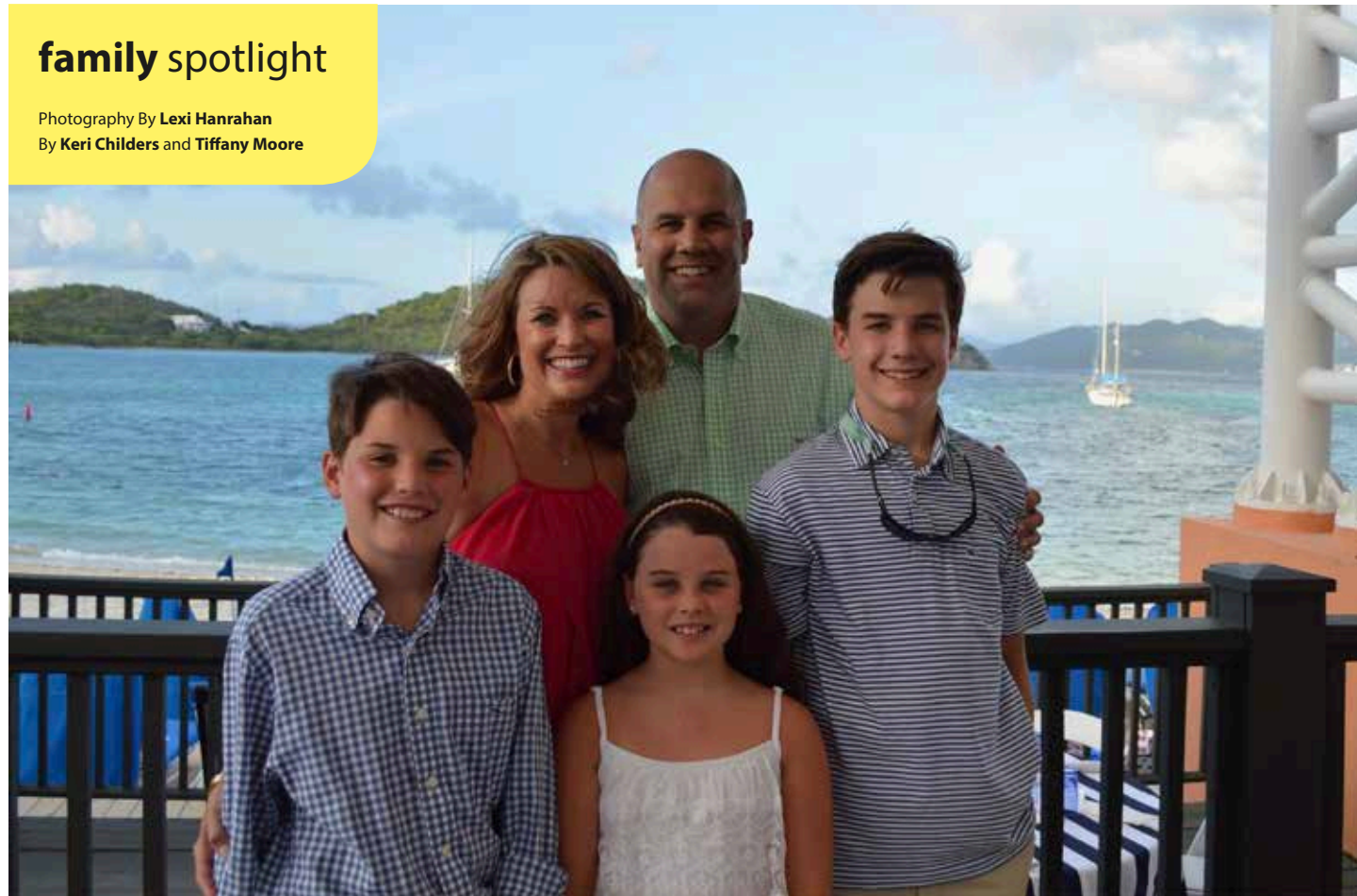


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family spotlight

Photography By Lexi Hanrahan
By Keri Childers and Tiffany Moore



St. Thomas, VI

The Childers family!

Hello, Childers Family! David and Keri Childers, their children – Jake, Justin and Hadley – and their little pup, Louie, have called Bedwyn Lane in *Hallsley* home for the past eight months. These Atlanta, Georgia, transplants, who made *Hallsley* their first big family move, have quickly fallen in love with all that life here has to offer!

David and Keri both attended high school and college in Atlanta where they met while working at Outback Steakhouse. After months of being friends and numerous expensive phone bills for long-distance calling (which David had to intercept from the mailbox so his parents wouldn't see the outlandish cost), they began dating. Keri shares, "We had a lot of fun together and still do! We are still best friends. My mother always had told me to marry my best friend and that is exactly what I did." Today, David serves as the Vice President of



Palm Springs, CA



Photography by Lexi Hanrahan



Photography by Lexi Hanrahan

Content and Marketing for Keeping Current Matters while Keri is currently focusing on getting the family settled here in *Hallsley*. Previously, Keri served as a Marketing Director at Perimeter School in Johns Creek Georgia and is looking forward to starting work again after the first of the year.

The Childers family siblings have found their place to plug-in to life in Virginia as well. Sixteen-year-old Jake is a sophomore at Midlothian High School. He plays basketball and is involved with Young Life at Midlothian High School. Justin, a 14-year-old eighth grader at Midlothian Middle, enjoys playing basketball and soccer. Hadley, the only girl in this group, holds her own with drama, dance and voice lessons. She attends the fifth grade at J.B. Watkins Elementary and plays basketball, swims and is involved in Girl Scouts.

The Childers place a high importance on creating a strong family team! Keri shares, "We have a passion for learning about all types of people – their gifts and talents and how we, together, can do great things! So, as a family, we all truly enjoy learning about and celebrating each other's strengths, but also our weaknesses. We have done many personality profiling tests and are continually seeking to understand what makes our family a team. It is important to us to not shy away from our weaknesses but to be

comfortable in them. Weaknesses help us see our need for each other and most importantly, they keep us aware of our need for God! As is true for everyone I am sure, we make lots of mistakes – some small and daily and some, to be honest, quite large, but we have truly seen first-hand that there is nothing God can't redeem and for this, we are eternally grateful. We lean into Jesus continually knowing **He** really is the one who gives the wisdom, forgiveness, peace and abundant life we desire when our eyes stay on **Him**. Our goal is to **Give** the unconditional love we have received to those around us. We are all most joyful when serving others and living lives outside ourselves!"

Since moving to Virginia in April, the Childers family has been able to squeeze in a bit of traveling. They have ventured to the Outer Banks for a week, Water Country USA, Busch Gardens, Lake Gaston, Belle Isle and to the River Front Canal Walk. For regular family vacations, spots typically involve a beach. Two of their favorites include St. Simons in Georgia and St. Thomas in the Virgin Islands. One of their most special vacations was their Disney Cruise in 2016 over Christmas. The Childers share, "We went with family which was so refreshing. Not having access to any wi-fi was a huge **Win**. The cousins could only text each other and their parents, aunt, uncle or grandparents - **The Joy!** We laughed together, relaxed on the beach for hours with family, enjoyed the massive amounts of food, waterslides, fireworks and shows."



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When not being bit by the travel bug, the Childers family just loves spending time together in their new home. Their favorite hangout spot, the den, has been blessed by a pretty continuous flow of visitors from Atlanta through the past months. The den is also the place for epic family movie nights. When the urge to be outside overtakes, one may find the parents drinking coffee on the front porch while the kids may be fishing or walking on the *Hallsley* trails. The boys of this family also enjoy golfing and camping!



Lake Gaston, NC

High value is placed on eating family dinners together at home in the Childers family. At times when it is hard to achieve this due to sports, their top restaurant picks are Moe's, Westchester Commons Chick-fil-A (where Jake works) and Mabel's Espresso Bakery Cafe! They have experienced quite a few of Richmond's super cool restaurants like **Supper** and **Carytown Burgers & Fries** as well.



The Childers have truly been blessed by the warm and welcoming new neighbors they found here in *Hallsley*. Summer parties and festivities at the pool, the beautiful trails, playground and dog park have quickly become family favorites! The Childers family shares, "If you are new, too, please look us up! We would love to welcome you with the same open arms that were extended to us." Welcome Home, Childers Family!

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student life

By Evie Anderson and Josh Lowe (with a bit of help from their parents)

Josh Lowe and His Piano

Josh Lowe is one of *Hallsley's* newer residents. He just turned 15 years old last week and is in 9th grade at Midlothian High School. He moved here from South Florida at the beginning of his 8th-grade year. Josh is the oldest of four boys who are all very active in sports, music and other activities. His brothers Luke, Dean and Max are at Midlothian Middle School and J.B. Watkins.

How long have you been playing piano?

I've been playing the piano since I was in 1st grade when we lived in North Carolina. I had a great music teacher while living there, but since then I've bounced around from teacher to teacher, finally settling on my Mom, who has played most of her life. In about the 6th grade, I actually started enjoying piano because that was when I started playing things that sounded like "complicated musical pieces."

How long have you been teaching piano?

I started teaching younger children when I was in 7th grade.

What inspired you to start teaching?

My Mom's friend heard me play and she started crying. It actually made me laugh a little bit, but I still made it through the piece. I think it was a song named "No Regrets" that my brothers and I were asked to sing during a church service. After that, she kept asking me if I wanted to earn some money by teaching her son. Since I was 13 and there were not many opportunities to earn money, I accepted the offer. Being the oldest of four boys, I was

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Do you sing as well as play?

I like to pick current songs, or ones that have good piano medleys, that I can sing to, even though I don't really like to do it in public.

(Another side note: He said his mom bribed him last year to try out for the Midlothian Middle Talent Show. He sang and played "Lost Boys" by Ruth B. He thinks about forty kids tried out and fifteen kids made it. He won third place! When asked what he was bribed with he would not say, but he did say it was worth it.)

In summary, Josh has really enjoyed piano but if you ask him what his favorite thing to do is he

starts with basketball and volleyball. He is currently on the Midlothian High School JV Volleyball Team. I asked him if piano was next, but he continued with mountain biking, football, ping-pong, friends and family. He said there are probably a few other things he would put in front of piano "but that doesn't mean I don't enjoy it, I just like to be active. I will never regret the time I've put into it. It's been hard and I've sometimes complained, but I have a skill that will last me a lifetime."



Contact Tiffany Moore to share Student Life stories at tiffany.moore@n2publishing.com

... pretty good with kids and it ended up being easier than I thought. I also help my brothers with piano whenever my Mom needs me. I'm pretty sure I'm better at piano than my Mom is now. (laughs)

(Side note: When his Mom was asked if that was true, she whispered, "yes, but don't tell him.")

Do you get an opportunity to perform?

Because I don't have a professional instructor, I don't have the opportunity to do recitals, but I often play for church meetings, family or friends.



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making a difference

By Tiffany Moore



Jennifer Gavin Photography

Making a Difference In The Lives of Local Children In Need

For the past two years, Jennifer Gavin has owned her own photography business, Jennifer Gavin Photography, and has hosted a Back-to-School Photo Drive offering free back-to-school pictures for *Hallsley* neighbors and friends in exchange for \$25 in school supplies. These supplies are donated to Title I schools here in Chesterfield County. This year, students at Chalkey Elementary and Reams Road Elementary were blessed by the generosity of Jennifer Gavin Photography as she raised \$3,000 in school supplies. This is more than double what she raised for Ettrick Elementary last year. One hundred and five students and their families helped make this year's Back-to-School Photo Drive an amazing success!

So exactly, why does Jennifer donate four weekends of her life and endless hours of photo editing to a Back-to-School Photo Drive? Jennifer shares, "I chose this project because I was new to photography and I needed a way to get experience. I wanted to create a business that wasn't just beneficial to me, but beneficial to everyone involved so I decided to incorporate giving back to our community, with the people who live here, for the people who live here, through photography." The Back-to-School Photo Drive is not limited to back to school pictures only. Many people use the time slot for birthday pictures or other photo memories.

Jennifer and her family moved to *Hallsley* two years ago from Northern Virginia, mainly to be closer to family. The Back-to-School Photo Drive is truly a family affair and one in which Jennifer hopes to continue for many



Contact Tiffany Moore to share your Making A Difference Story at tiffany.moore@n2publishing.com

years to come. Her husband, John, loads and unloads the car full of props and supplies and entertains the kids while she is taking pictures. Her seven-year-old son, JJ, helps carry in all the supplies after each photo shoot while four-year-old Kayleigh helps to sort and organize the supplies. The Gavin family truly worked together to bless many children through their generosity this year.

Jennifer Gavin Photography is available to help capture your precious family memories on film. She shares, "I get to capture moments for people that they will cherish forever. Pictures don't go out of style or get old. You will never look back on a picture and say, 'Man I wish I didn't take those!' So being able to freeze a moment in time is an indescribable feeling. The gratitude and joy that people show after receiving their photos are so heartwarming!" Whether it's Christmas pictures, family photos or special birthday memories, Jennifer is ready to make photo magic happen. **Currently, until mid-November, Jennifer is offering a pricing discount for winter pictures with a toy donation for our neighborhood Toys For Tots drive.** Jennifer Gavin Photography looks forward to helping meet the photo needs of all *Hallsley* friends and neighbors!

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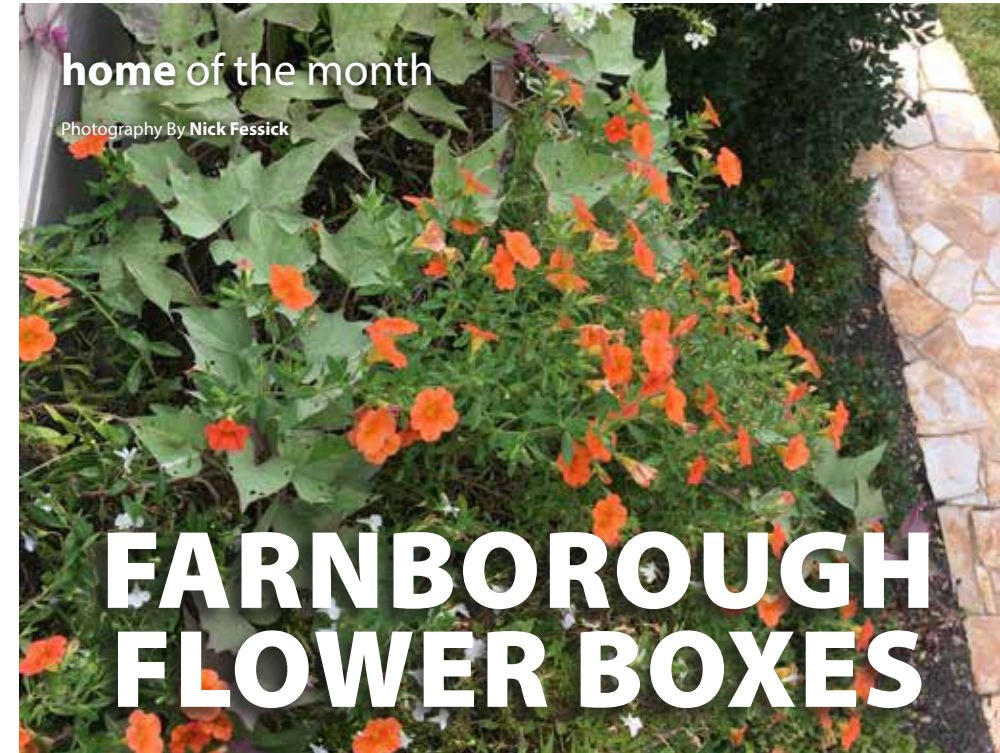
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Hallsley Car Talk with Sarah Holton



car talk

By Tiffany Moore

Contact Tiffany Moore with all your Car Tales at tiffany.moore@n2publishing.com

Sarah Holton, a successful real estate agent for Napier ERA, drives a Landrover Discovery. Sarah shares, "My husband and I like European cars since we lived there over an eight-year period. We had always owned German cars but decided to switch things up with this one for something new. I love it and could definitely see myself buying the same car in the future." Sarah appreciates how the Discovery rides like a car yet has the space found in an SUV, the great pick-up, and the internet hotspot feature. The hotspot feature wins the vote for favorite vehicle option from her kids as well. Her sporty and spacious Landrover Discovery is perfect for family trips and hauling real estate supplies; an optimum vehicle for both work and pleasure!

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Erin Brandenburg and Rodan+Fields

Erin Brandenburg, *Hallsley* resident and entrepreneur, works as an Independent Consultant for Rodan+Fields, the #1 Skincare Company in North America. Dr. Katie Rodan and Dr. Kathy Fields, the Dermatologists who created Proactiv, recognized a need for skincare addressing the main concerns their patients were facing like sun damage, aging skin, breakouts and sensitivity. Rodan+Fields opened its doors, virtually, 10 years ago. With the goal to bring high-quality skincare into everyone's bathroom, Dr. Rodan and Dr. Fields continue to see patients, listen to their needs, and develop those needs into innovative skincare, body care and Dermacosmetics.

Erin has worked with Rodan+Fields for the past three years. In her previous career, Erin served as an Emergency Room Nurse in Wisconsin. Following the birth of her third child, scheduling nursing shifts while avoiding the need for daycare became extremely difficult. While Erin loved staying home with her girls, she soon discovered she missed helping people. After moving to Virginia, Erin had a friend share this business with her. She started using the products and was very happy with the results after a short time. After some time and prayer, with the click of a button, Erin's new skincare business was born!

Rodan+Fields continues to amaze and impress both consultants and customers alike. This #1 Skincare Company offers a 60-day empty bottle money back guarantee on all products and a 60-day money back guarantee on business start-up costs for new consultants. As a company, Rodan+Fields sponsors the **Prescription For Change Foundation** which has raised over 10 million dollars in the past 10 years for youth programs by partnering with organizations such as BuildOn.

Erin is honored to help customers fulfill their skincare needs and help tackle the tough issues like acne. Erin shares, "I have heard parents say, acne is a rite of passage, but I disagree. Yes, we all go through it, and it takes a toll on our confidence. My daughter used to feel embarrassed about her bumps but never said anything. Once she was ready to be consistent with her skincare, she started using the Rodan+Fields **Unblemish** regimen. She has told me many times about how excited she is to have clear skin like her friends!"

It's so important to take care of one's skin, especially since it is the largest organ in the body. Given Erin's unique business expertise, she is happy to offer some advice to *Hallsley* neighbors. Erin shares, "Your skin plays a very important part in keeping your body healthy, treating it with a good quality skincare will keep it intact and ready to protect." Also, she



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notes the importance of men and women wearing a daily moisturizer with sunscreen (SPF of 30 or higher) and a broad spectrum sunscreen when outside to help reduce the possible risk of burn and skin cancer.

Erin, her husband, Jason, and their three daughters (Ava, Olivia, and Ella) have lived in *Hallsley* for the past five years. She loves the sense of community found here and enjoys reading personal development books, running and volunteering. She truly appreciates the opportunity to work with Rodan+Fields and share these effective products with *Hallsley* friends and neighbors. Everyone has skin so make sure to take care of it! Erin and Rodan+Fields are eager to help you with your skincare, body care and lash care needs, or to discuss how this business opportunity can benefit you.

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pet of month

By Katie Krasner

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Contact Tiffany Moore if you want your pet featured at tiffany.moore@n2publishing.com

Meet Lobster Belle Krasner! Lobster is a male betta fish and has been a part of the Krasner family since June. He has a beautiful bright blue color, making him one of the most beautiful fish ever! He spends his time in his colorful tank in Katie's room (his owner). His middle name, Belle, is named after Katie's best friend Belle.

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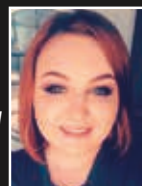
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3. If you want to contribute to a worthy cause and get a unique gift, here are two companies to check out:

Out of Print at www.outofprintclothing.com. Out or Print shares from their website, “As the landscape of how we read and experience literature continues to change, Out of Print is dedicated to celebrating our favorite stories while promoting literacy in underserved communities. Each purchase helps to fund literacy programs and book donations to communities in need. It also supports the authors, publishers and artists who made these iconic works an integral part of our lives.”

Storiarts at www.storiarts.com/collections/all-products. From their website, “Storiarts shares their vision to strengthen children and communities through the power of their own stories and to connect people with the love of books. Every Storiarts purchase helps children worldwide learn to read, write, and create. The next chapter in our story is helping kids write their own.”

4. Other unique gifts include candles from **Paddywax** that pairs favorite literary quotes with fragrances. www.paddywax.com/collections/library

5. A unique book, *Tequila Mockingbird Cocktails Literary Twist* by Tim Federle, features 65 delicious drink recipes paired with wry commentary on history’s most beloved novels. This can be found on Amazon.
6. Really need some bonus points with your book lover? You can’t go wrong with a gift of a vacation!

Try the **Library Hotel** in New York City. “Located in midtown, only a stone’s throw from the majestic New York City Public Library (at 42nd Street and Fifth Avenue), this boutique hotel is a mecca for book lovers and one of the most unique themed hotels in the world. Each of the hotel’s ten floors is dedicated to one of the ten Dewey Decimal System categories: social sciences, literature, languages, history, math & science, general knowledge, technology, philosophy, and arts and religion. Each of the 60 luxury rooms has a collection of books relating to the room’s unique theme. Whether your reading interests lean to astronomy, fairy tales or other areas, you can hand pick the floor you’ll stay on. Complimentary wine and cheese are served in The Reading Room, making this one of the unforgettable retreats around (www.libraryhotel.com).” Or if you enjoy cruising more try **Cunard’s Queen Victoria**. “**Cunard’s Queen Victoria has a spectacular 6000-book, two story-library with a spiral staircase on Decks 2 and 3 that has two full-time librarians to help you find the perfect book (www.cunard.com).**”

No matter your book lover’s preference for gifts, the one thing that is universal to all readers is the gift of a nice quiet place and time to enjoy their book!

Make sure to come to visit us at Reading Between the Wines to share about your wonderful book-themed gifts and to join the fun. The next meeting will be January 15, 2019, in the clubhouse at 7 pm. Please go to our Facebook page – **Hallsley Reading between the Wines book club** for more detailed information.

Pumpkin Donuts

recipe

By **Dana Miller** ~ Hallsley Living's Resident Chef and Pampered Chef Consultant

Every get together in the fall requires some form of a pumpkin treat. These simple pumpkin donuts will make you the hit of the party without working up a sweat in the kitchen!

INGREDIENTS

- 1 Box Spice Cake Mix
- 1 Can Pure Pumpkin
- 1/2 cup of vegetable oil (a little extra to coat pan)
- Optional: Confectioner Sugar and Cream Cheese Frosting

DIRECTIONS

- Pre-heat oven to 350 degrees.
- Using a basting brush, brush the wells of the donut pan with oil.
- Mix together all of the above ingredients until smooth mixture is formed.
- Add the mixture to a decorator bag (or large Ziploc bags with corner cut) and pipe mixture into donut wells.
- Bake for 8-10 minutes.
- Once cool, dust with confectioner sugar or frost with cream cheese frosting.

Enjoy!!

Dana Miller

Independent Director
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style file

Story and Photography by **Pamela Anderson**

Fall. Fresh, crisp air with “sweater weather” temperatures. It’s my favorite season, maybe because I was born in the fall. Or, could it be because I love fall fashion? Probably the latter statement. Trading the tanks and shorts for sweaters and jeans and replacing the flip-flops with boots. I’m getting excited just thinking about it!

When I think about refreshing my wardrobe for Fall, the first section I update is the boots category. There was a time when boots were purely functional for support and protection during American Revolutionary times, then cowboy boots were invented to be worn in the west. This led to equestrian boots and later to fashion boots.

My boot wardrobe consists of a few different types of boots, which I pair with different outfits. These days, comfort is key. Referencing an earlier article about athleisure, I like to add boots to my athleisure wear to bring it to the streets.

The following are various boots you’ll find in my closet, and what I like to pair them with:

1. BOOTIES: Short boots that hit at or just above the ankle. Just as fall is my favorite season, booties are my favorite boots. I’ve searched far and wide to find the most comfortable booties



Ugg Slim Boot paired with Stella & Dot outfit and accessories

with cushion and arch support. I like to wear them with skinny jeans, boot cut or flared jeans, leggings, skirts and dresses in the fall. They are great for transitional dressing and can elevate an outfit by giving it a “cool” factor. My favorite look: booties, skinny jeans, a tee shirt and a lightweight moto jacket as seen in the pic.

2. UGG BOOTS: Yes, they have their own category and there are different brands to choose from but as Kleenex is to tissues, Uggs is to sheepskin lined boots. Originally from Australia, these boots were first spotted on (the other) Pamela Anderson and quickly became popular in the USA. When we lived in CA, it was normal to see people wearing their Uggs with denim shorts. I never got into that look, but I do like to wear Uggs with my skinny jeans or leggings. I am also a big fan of the new slim Uggs, which can be found at Nordstrom among other retail stores. Also, if I’ve worn heels all day, putting my feet into my Uggs is therapeutic. Sometimes I feel so comfortable in my Uggs that I may as well be wearing my slippers in public, and it’s ok!

3. RAIN BOOTS: Rain boots aren’t just “duckies” anymore. Many waterproof boots are super fashionable these days. Traditional rain boots were uncomfortable and sometimes heavy, but the current waterproof varieties can add style and actually elevate a look while keeping your feet dry.

4. TALL FASHION BOOTS: Perfect with leggings, skinny jeans, skirts or dresses ... The styles vary widely from western to equestrian and

everything in between and heel heights and shapes are at the discretion of the owner. My favorite tall boots have cushioned soles, making them super comfortable in addition to being stylish.

5. OVER THE KNEE BOOTS: I have a pair of these on my birthday Wish-list. Over the knee boots can add a classy element to an outfit as long as they have a reasonable heel. My favorite over the knee boots are of the suede stretch variety. They are best worn with dresses or leggings/super skinny jeggings or jeans. Pair them with a simple sweater for the perfect fall look.

My husband and I have always had a differing opinion regarding footwear. He has always said “function over form” whereas I have always said the opposite. As I’ve gotten older and wiser, I’ve realized that function and form must be merged into one in order to create the perfect boot. When shopping for boots, the importance of comfort, support and style are equivalent. My rule: If I can’t walk around NYC all day in my boots, they will have to find another home.

I hope to see you walking through *Hallsley* in your sweaters and boots. I’ll probably be wearing my Ugg Boots to walk Honey on the walking paths and beyond.

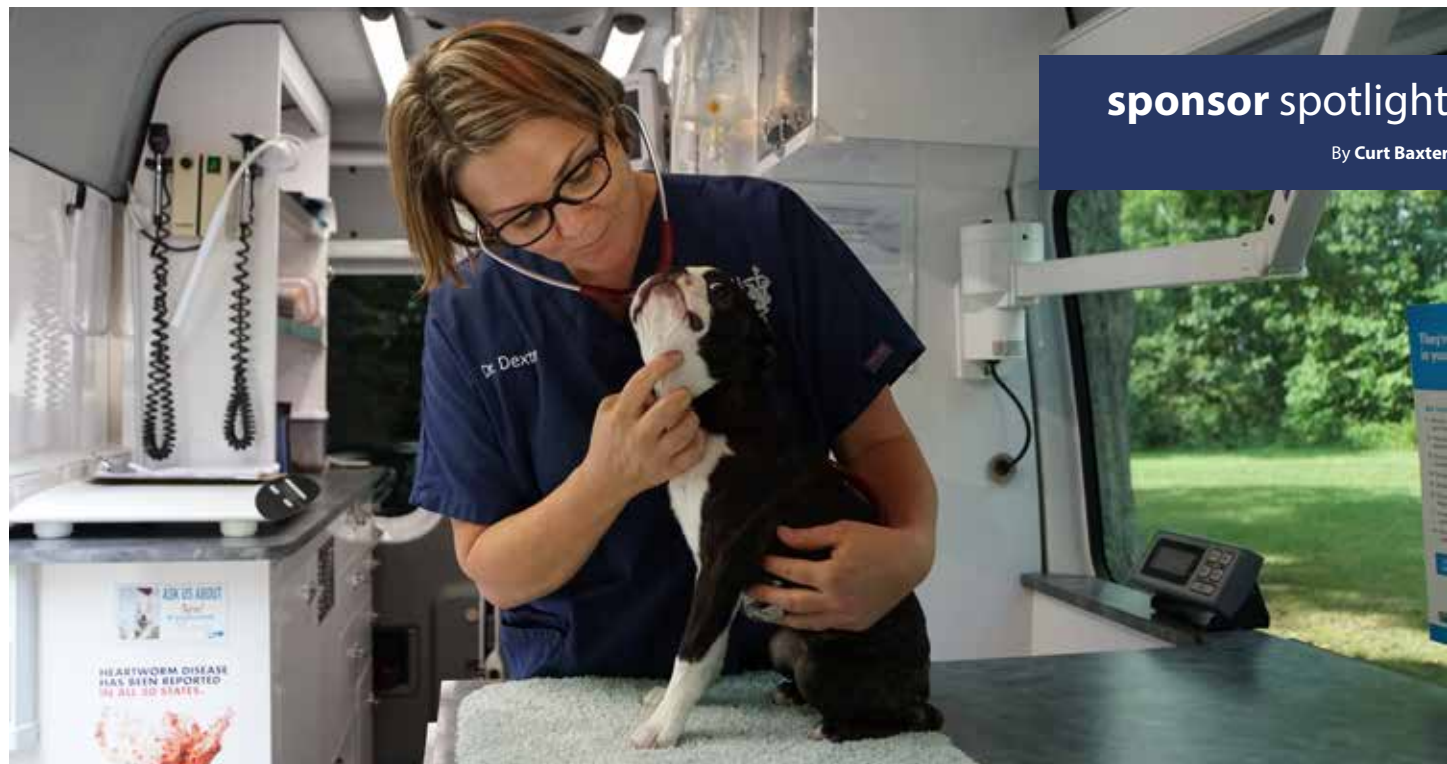
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CAPITAL HOME VETERINARY CARE

YOUR PET'S CARE, YOUR DOORSTEP?

Capital Home Veterinary Care is veterinarian owned and operated mobile practice that was founded in 2007. Owner Erin Dexter Buikema DVM and her employees at Capital Home Veterinary Care take great pride in offering an exceptional, low-stress pet experience at each home visit. Their goal is to provide life-long innovative care for cats and dogs with compassion, commitment and extraordinary service.

Growing up on a horse farm in New England with a menagerie of pets, a career in veterinary medicine was always a dream of Dr. Dexter. She fell in love with Virginia during her undergraduate years attending Randolph-Macon Woman's College and knew she would return to the state after completing her Doctorate of Veterinary Medicine at Michigan State. She resides in eastern Powhatan with her husband, Matt, and their two daughters, Sydney and Abigail. Boston Terriers, Benson and Barnaby, and two kitties, Minny and Stewart, are beloved members of the family as well as two Nigerian Dwarf goats, Oreo and S'mores, Beanie, the miniature donkey, and eight chickens.

The idea of opening a mobile practice stemmed from working in busy brick and mortar practices where due to high volume, Dr. Dexter had limited time with each pet. She also realized how stressful veterinary visits were on pets and their owners.

"In the mobile veterinary practice model, we see approximately 10-15 pets a day vs. 40-50 pets treated daily in a traditional practice setting." Says Dr. Dexter. This allows for a customized approach to all aspects of medical care such as nutrition, behavior, preventative medicine and sick patient visits. This model increases patient care and gives owners the time to ask all of their questions and to be involved in their pet's care. Dr. Dexter feels "In this busy world, we try to slow it down and offer the time to each pet and their owner."

Reducing stress and travel is of utmost importance at Capital Home Veterinary Care. Pets that are typically nervous in an animal hospital hop right up into the clinic van for their appointment. Cats enjoy not having a car ride and the waiting that typically occurs in a traditional hospital. Geriatric large breed dogs truly benefit from the service as well, especially those with mobility issues.

Capital Home Veterinary Care also helps owners fit their pet's care into their busy schedules. People working from home never have to leave their conference call and busy moms of little ones don't need to wrangle their pets and children. Capital Home Veterinary Care offers early morning hours for people that work out of the home. Many clients who can't leave work have a family



member or friend meet the mobile clinic at their home. During these visits, communication is achieved via phone during or after the appointment which includes a diagnosis and treatment plan. Dr. Dexter notes "Clients also love that they can reach us when they need us. We answer emails after hours and on weekends, and through the integration of telemedicine, they can get help when they need it."

"Dr. Dexter has been our veterinarian for the last 2 1/2 years. From the moment we met her, she has treated us/our pets like family. She has provided exceptional care to all of our dogs! From our old girl who needed palliative care and eventual in-home euthanasia, to our shy, allergy prone princess, to our big baby rescue, her compassion, love for animals and expertise are number one! To top it off, she is just a text/phone call away. Communication through texting and the convenience of coming to our home to take care of our dogs take all of the stress out. Dr. Dexter is absolutely amazing and highly recommend!" - Angela Karousos, Hallsley Resident

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16419 Saville Chase Rd	Hallsley	\$558,817	315	3	3	2,449
16442 Shefford Dr	Hallsley	\$569,000	19	5	4	3,705
15930 Swindon Ct	Hallsley	\$589,900	61	5	4	3,822
16101 Old Castle Rd	Hallsley	\$625,352	2	4	3	3,400
16207 Old Castle Rd	Hallsley	\$691,000	347	4	3	3,211
1712 Tulip Hill Dr	Hallsley	\$790,000	347	4	4	3,810
1925 Muswell Ct	Hallsley	\$970,000	345	5	4	5,886
16412 Old Castle Dr	Hallsley	\$1,000,000	215	6	5	7,135
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